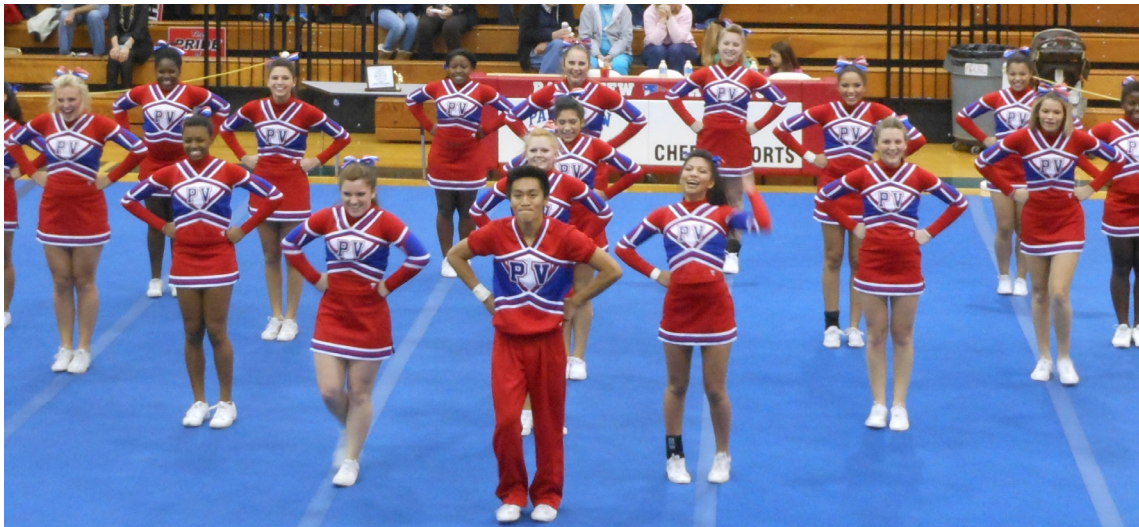




# The Patriot Press



Kensy Maradiaga

The Park View cheerleaders perform at the Regional Competition on Wednesday, October 23<sup>rd</sup>.

## Park View Ranks 6<sup>th</sup> Overall at Annual Spirit Fest Team Earns Highest Ranking in Five Years

by Kensy Maradiaga

On October 19<sup>th</sup> the Patriot cheerleaders had their 8<sup>th</sup> annual Spirit Fest.

The Patriots hosted the cheer competition. Park View's cheerleaders competed against eight other squads and came in 6<sup>th</sup> place with 166 points.

That is the most points they have ever gotten in a competition in the last five years.

Every squad has a cheer mix they perform to. The Patriots' opening stunt was called an "extension lib into an arabesque," and went very smoothly.

Their dance was almost in unison and was

close to perfect.

"It was really fun being in our own school and our own turf and seeing our student section filled up," said junior Haley Crawford, one of the cheer captains.

Each team had only three minutes to perform. The performances were all unique and entertaining.

Park View had many people come out and support the cheerleaders. The school even had all the Spirit Fest sweatshirts and t-shirts sell out.

It was a great day, especially for Stone Bridge, who came in first.

"I really hope we

make it to regionals. I think if we do well on Wednesday then we might have a chance," said senior Alizhae Norris.

On Wednesday, October 23<sup>rd</sup>, Park View was the host again for a cheer competition; this time they hosted districts.

It was an eventful day but nowhere near as eventful as Saturday's Spirit Fest.

Unfortunately, the Patriots did not make it to regionals, but they received 6<sup>th</sup> place and are now more determined to get to regionals next year.

## The Budget Battle Begins

### School Board Member Brenda Sheridan hosts budget information session for public at Park View

by Emily Mooney

Concerned citizens gathered at Park View High School on October 2<sup>nd</sup> to learn more about the school board budget process in a session headed by Sterling District School Board Representative Brenda Sheridan.

Loudoun County Public Schools (LCPS) Assistant Superintendent of Business & Finance Leigh Burden gave an hour-long presentation entitled "What Every Citizen Should Know About K-12 Funding," explaining how the school budget works. Afterwards, Mrs. Sheridan, Ms. Burden, and LCPS Superintendent Dr. Hatrick responded to questions and comments.

The purpose of this session was to inspire the public to take an active role in the budget process by informing them of what goes on.

"I hope it will motivate people to be more engaged and take an active part of the budget process," Mrs. Sheridan said. "This is a grassroots effort to inform the people about the real process. They are taxpayers – they vote in the representatives on the School Board and Board of Supervisors."

This session was

held in October – seemingly early for any debate as the School Board does not start voting on the budget until January – so that the public may think about the budget issues and start to address their concerns before January when the School Board is in the process of finalizing it. Mrs. Sheridan and Dr. Hatrick want citizens to support them when they go before the Board of Supervisors with a bigger budget.

"The time for input is right now," Dr. Hatrick said. "If it is worth doing it, it is worth networking to do it. One person makes a bigger difference if they bring ten thousand allies."

"The entire county faces cuts to existing programs," Mrs. Sheridan said. If the public does not come out in overwhelming numbers to support a larger budget, the schools will not be able to bring in new programs, new curriculum, or remove the pay-to-play or pay-to-park policies.

The greatest obstacle when trying to pass the LCPS budget is "convincing the Board of Supervisors that the budget should be fully funded and that the people in Loudoun County can afford to invest

BUDGET CONTINUED on Page 02

## Park View Breaks Streak, Defeats Heritage

by Kirby Struhar

Park View football got their first win of the season on Friday, October 18<sup>th</sup>, at Heritage High School's Homecoming game. Senior Bryan Martinez kicked a game-winning field goal in the third quarter, putting his team up 17-14.

"I knew when I made it that it was criti-

cal to the game," Martinez said.

When the clock wound down to zero in the fourth quarter, the crowd went crazy.

"It was a feeling I had never felt before. It was a feeling of joy, excitement, and pride in my school," Martinez said.

Senior captain Mi-

cah Hotz said he was only thinking of three words once the game ended.

"We did it," he said. "We finally did it."

Hotz talked about the process of getting to this position of getting their first big win saying, "You just have to be patient; everything will come when the time is right."

FOOTBALL CONTINUED on Page 07



Kirby Struhar

Even at an away game, Park View students were very enthusiastic, taking great pride in seeing the football team get their first win of the season.



BUDGET FROM Page 01

in our students” according to Dr. Hatrick. However, if hundreds of people come out to the School Board and Board of Supervisor meetings, those boards would be witnessing the fact that people do care and are ready to support the schools.

Citizens are already starting to assemble new coalitions to advocate for better education.

“I want to support our schools. When we have strong schools, it benefits the entire county,” said Ashburn resident and leader of the new group Support Our Schools Loudoun, Ms. Joy Maloney. She is concerned about Loudoun County’s ability to attract and hire high-caliber teachers and acquire the latest technology.

“Technology has a

real effect on the quality of education,” Ms. Maloney said.

Overall, community members left the session understanding more and ready to act. “It was really informative – loved the PowerPoint,” Ms. Maloney said. “It’s a good starting place,” said Sterling resident Ms. Chris Mason. Ms. Mason thinks the next step is recruiting assistance from family, neighbors, and friends: “I think everyone needs to have more conversations.”

No matter what side of the budget battle they are on, most can agree with Dr. Hatrick’s general plan. “[Our] chief goal is to improve the academic experience for students and give them everything we can to prepare them for their future,” Dr. Hatrick said.

## School, Students, *AND* Phones? Oh My!

by Thy Dao

The students of Park View High are finally able to use their cellphones around the school and are definitely using this new policy to their advantage.

“It’s about time,” said senior Shahd Salaheldin while carrying her phone in her hand. Salaheldin is satisfied that she can now use her phone to check Twitter while hanging out in the halls and thinks that it is nice to be able to use your phone without getting into trouble. She stressed the fact that getting your phone taken away is not fun and that this new policy would be beneficial to the students.

Juan Rivera, another senior at Park View, also agrees that this cellphone policy will help kids throughout the day. “A bonus,” he called it. He explained that with this policy students will no longer be tempted to use their phones during class. One of the things he can do with this increased freedom includes being able to arrange rides during school instead of before or after.

Freshman Argelia Rivera thought of Park View’s new cellphone



Liana Jackley

**Kathleen Velasquez, freshman, uses her phone in between classes. Most students are enjoying the freedoms of the new phone policy.**

policy as “a really good thing” in case of emergencies and for finding her friends during the school day. Mr. Sweet, one of Argelia Rivera’s teachers, allows her as well as the other students to use their phones during free time or when he is testing other people. Argelia Rivera thinks that the policy has helped her become more focused on schoolwork because in PRIDE you need a certain GPA to be able to use your phones during class to listen to music.

Melvin Guadado, also a freshman, described this new policy in only one word: awesome. He is allowed to use his cellphone during Spanish class when he is working alone and

thinks that Park View’s new cellphone policy has made school easier in a way. Fellow freshman Veronica Lovos predicted that this policy would help students’ grades as well.

Senior Isam Shaban said this new policy on cellphones was “absolutely fantastic.” Like Argelia Rivera, he now feels more focused during class. He is comforted by the fact that he can now call home if he forgot to bring something to school.

As you can see, this new cellphone policy has really impacted the students of Park View. They have all benefited from it, one way or another.

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## Leaders on the Field: Park View’s New Athletic Leadership Council

by Kirby Struhar

In its first year, Park View High School’s Athletic Leadership Council is working hard to improve the athletic programs and leadership qualities in all of Park View’s sports.

The group, which meets twice a month, is comprised of athletes of every sport.

“We’re talking about the framework of what leadership is,” said Athletic Director Jason Testerman.

The important lesson that Mr. Testerman has been emphasizing is the idea of resilience

and staying positive even when things are not going well.

“Persistence is huge,” he said. “A lot of athletes just think that it’s going to be easy all the time; if it’s easy, sports wouldn’t be fun.”

Mr. Testerman, along with many athletes who play many different sports, talked about one huge key: patience.

“It’s a work in progress but it’s going to take more than one or two years before changes start to show,” said senior Jake Burch, a member of both the Varsity

Golf team and a member of the Varsity Lacrosse team.

Along with the goal to improve Park View athletics in the present, there also has been a big focus on plans to hopefully reach the youth in the elementary schools and at Sterling Middle School to get them interested in playing sports at Park View.

To Micah Hotz, a senior captain for Varsity Football and a four-year varsity wrestler, it is all about teaching kids to be active and relying less on electronics. “Be-

ing active is cool; don’t let electronics run your life,” Hotz said. “Kids need to learn to be active.”

Hotz also has talked about the role the captains need to have in times in view of adversity and cooperation.

“We may not always know the answer, but maybe the other captains will shed some light on the subject,” Hotz said.

Hotz also spoke very highly of the potential impact the Athletic Leadership Council could have on all aspects

of the Park View High School community: “I think it [the Athletic Leadership Council] will give us an idea of who our captains are and how to lead our teams and our school.”

The main word around the Athletic Leadership Council is persistence. That is what they are trying to accomplish. Day in and day out, no matter what, to keep working hard in everything they do, and represent our school and our community in the best way possible.



# Smokeless Does Not Equal Safe



**Emily Mooney**

Editor-in-Chief

Everything seems to be going digital: online assignments and portals, digital writing and reading tablets, online Skype and messaging. The latest electronic invention? E-cigs, short for electronic cigarettes.

These new electronic cigarettes are battery-operated and reusable yet packaged to look like any regular cigarette. These new devices are smokeless – they heat liquid nicotine and transform it into a vaporous form that can then be inhaled and exhaled. However, the absence of smoke does not necessarily mean that they are safer.

“When the FDA [Food and Drug Administration] analyzed samples of two popular brands, they found various amounts of nicotine and traces of toxic chemicals,

ing known cancer-causing substance (carcinogens),” said Lowell Dale, M.D., member of the Mayo Clinic staff. The FDA has since issued warnings about the health risks of e-cigs, and is also concerned regarding the absence of many studies on the dangers/benefits of electronic cigarettes. Is it dangerous to inhale pure nicotine? Does the vapor emitted when using electronic cigarettes have any negative effects?

Another worry is that electronic cigarettes will become popular among kids and increase recreational drug use. You do not need to have an I.D. proving adulthood to buy e-cigs, and you can easily order them online. There are also kid-friendly nicotine cartridge flavors such as bubblegum, caramel, and chocolate. Not to mention, the media attention garnered by celebrities Katherine Heigl and Johnny Depp smoking electronic cigarettes is only helping to sway more teenagers and young adults to try out this new invention.

This fear is already coming true according to the Center for Disease Control and Preven-

tion (CDC): “E-cigarette experimentation and recent use doubled among U.S. middle and high school students during 2011–2012, resulting in an estimated 1.78 million students having ever used e-cigarettes as of 2012. Moreover, in 2012, an estimated 160,000 students who reported ever using e-cigarettes had never used conventional cigarettes.”

The CDC is disturbed to think that nicotine may have a negative impact on “adolescent brain development” and that these devices may lead to kids experimenting with regular cigarettes. After all, “About 90 percent of all smokers begin smoking as teenagers,” said Tim McAfee, M.D., M.P.H., the CDC Office on Smoking and Health director.

The next time you watch an e-cig ad, do not believe everything that e-cig manufacturers are telling you. There is no certainty about their safety. They cannot always be used in public places, and there is too much not known about them. Just because something is electronic does not mean that it is better.

## My Wild Ride with Park View Golf



**Kirby Struhar**

Associate Editor

I cannot remember thinking much. I just wanted to hit this tee shot down the middle just like every other one I had hit that day-I felt like I could not miss with the club in my hands.

Unfortunately, things have a habit of not going according to plan. One bad swing later, I made a seven on my second to last hole in the 2012 District Championship.

Even with a birdie on my last hole of the tournament, I ended up one shot short of making the Region Championship as an individual.

Now as a senior, things were different. I stepped up to the tenth hole of

the 2013 Conference Championship, halfway through my round, and I remember thinking one word: fortitude.

If I have learned one thing in four years of playing for Coach Hinders, it is that no matter what happens you have to keep pushing and keep fighting. You cannot give up no matter how bleak things might look.

There were thoughts about the year before. I thought for a second about how I was so close last year and about that empty feeling I was left with when the defending state champion Sam Stilwell from Dominion told me I had missed by a shot.

But those thoughts vanished pretty quickly. I was not taking no for an answer, not this year. I had a job to do.

What followed was pretty cool. I played my last ten holes of the golf tournament really well to shoot 74 and finish third individually, which also qualified me for the Region Championship in Harrisonburg on October 8<sup>th</sup>.

I had finally accomplished a goal that I had set

for myself at the beginning of high school.

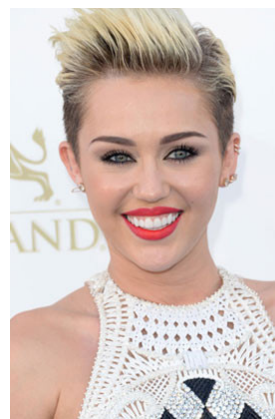
The next day back at school was a lot of fun. I have a lot of great friends here at school, and getting to share it with everyone was the best thing I could have asked for.

A lot of people congratulated me and wished me luck at regionals, and that support definitely motivated me to do well at the next level, and return as a qualifier for the State Championship. The greatest part was coming home to “The Park” the day after regionals and telling everybody that I had made states.

I had a goal, a goal I had not achieved my first three years of high school, and to accomplish it in my last year was the best way to end it.

While states did not quite go my way, at least on the leaderboard, the experience was awesome. It was a great way to end my high school career.

I got to reminisce on a great four years and play the game I love for a school I



Jason Merritt/Getty Images, Splash News

TOP: Miley Cyrus and Amanda Bynes are a few of Disney’s former stars that are breaking away from their former “girl next door” images.

## Disney Gone Wrong



**Lizzy Sammy**

Staff Writer

We all grew up watching Disney Channel or Nickelodeon.

Remember Miley Cyrus, also known as “Hannah Montana,” and Amanda Bynes from “All That,” “The Amanda Show,” and “What I Like About You?”

These days all we hear on the news is about Miley Cyrus’s VMA performance and Amanda Bynes in rehab. What happened to these once lovable “role model” girls?

They were the ones that were supposed to set a great example for us and the younger generation, but now more and more teens and young adults have been following their habits and bad behavior.

What went wrong in their lives that they turned out like this?

When I think about Miley I feel some sympathy for her. Some people I have spoken to think that actor Liam Hemsworth, her ex-fiancé, may have been a bad influence on her. Think about it... she was still sane when they first met and appeared in the movie “The Last Song.” After that they started dating, and things went haywire.

If you take a few minutes to think about her side of what is going on, you will realize that Miley is a person just like us.

She may just be dealing with depression, or anxiety after her break-up. I think that since she was our role model before and has lost her way we should help her see the track she is on and bring back the old Miley. Sometimes all people need is a good example and a helping hand in times of trouble.

Maybe we could say the same for Amanda?

No one really knows what happened to her. All we know is that she had a fight with Drake, started using drugs and drinking. What caused her to turn into that person?

Amanda is twenty-seven, definitely an adult, and she should get her life straightened out. First she retired from acting after her latest movie, “Easy A,” but then decided to return to acting. She keeps changing how she looks and her appearance. It seems as if Amanda is having an identity crisis. Not only that, but she has gotten several DUIs and has been in a few car accidents, putting herself and others in danger.

Troubled actress Amanda Bynes recently left UCLA Medical Center for Malibu Rehab Center, and we hope that she will be able to get back on track when she is released.

Further thought should be given to the rebellious actions and phases that seem to be too common among child stars. Does acquiring fame at a young age set them up for future downfall?



# Marching to the Top

by Kensy Maradiaga

Although our band is traditionally known for their fantastic performances at the Park View football games every Friday night, that is not all they do. On September 21<sup>st</sup> our Park View band hosted the band competition. It was quite a busy day for our fellow band members and not to mention the terrible weather that day - it was raining cats and dogs.

For the band competition they had about nineteen different bands come and compete. The number of members in each band varied from 40 all the way up to 260. Each band is put in a division; each division is determined by the number of members. Also each division has its own placement. Every band is given some time to warm



Victor O'Neill Studios

**Park View High School's marching band is one of the top bands in the state. They have brought home several trophies this season alone, and are a force to be reckoned with in any competition.**

up then they each get fifteen minutes to perform. Some bands choose to compete with color guard while others choose to compete with dancers.

Since our Patriot band was hosting, they did not get to compete, but

fortunately they still got to perform at the end. "Even though we aren't competing, we still have to take it very serious," said sophomore Kirby Desierto. For every competition the band does a thing called "spirit buddies." Spirit buddies

buy one another their favorite food, drink, candy, or toy for the competition.

The band usually practices two and a half hours a day from Tuesday to Thursday. Then for every varsity home game, they perform during half time.

"I love playing at the football games because everyone loves it," said sophomore Adriana Guillen. Guillen also happens to be the only girl on the drum line.

The Saturday after hosting a competition, the Park View band actually got a chance to compete at Herndon High School. Luckily, this time they were blessed with sunny, beautiful weather.

Their theme of music was "Songs of The People." They were given first place in their division. They also got Best Guard, Best Marching, and Best Music. In previous years they have also won Best Drum Line. They competed against fifteen other bands and absolutely outshined them.



Victor O'Neill Studios

**Cross country runner and senior Julie Keophila (right) sprints toward the front of the pack during the Dominion meet.**

## Dominion Cross Country Coach Calls Park View's Running Performance A "Class Act"

by Liana Jackley

At the cross country tri-meet on September 25<sup>th</sup>, Park View's cross country team did "phenomenal" according to head coach Matthew Poth, who is also a history teacher here at Park View.

Coach Poth still has high goals for the rest of the season: "Everyone on the team did better, but not up to our potential," Coach Poth said.

The three high schools competing were Dominion, Woodgroove, and the Park View Patriots. The course they ran on was at NOVA Community College in Sterling, Virginia.

Before the race, some of the runners mentioned they wanted to improve their times due to the extremely flat course they were about to run on.

"We'll do good," Diana Portillo, a junior, said smiling.

The meet began when the boom of the gun was set off ringing across the field, and a total of 162 male and female runners jolted into action.

Senior Ajmal Alami, the Patriots captain, was at the head of the pack, followed closely by junior Matthew Lauer.

Alami got an amazing time of 18:40 placing 14<sup>th</sup>. Lauer placed with a spectacular 19:30; he came in 25<sup>th</sup> out of a total of ninety-two male finishers.

The girls were not far behind with Portillo coming in at 25<sup>th</sup> with a time of 23:20. A little less than a minute later Ashley Long and Liana Jackley crossed the finished line placing 29<sup>th</sup> and 32<sup>nd</sup> respectively out of seventy female runners.

All of the athletes ran at the same time but were placed differently according to gender.

## The Rivalry of Two Schools

by Ronald Henriquez

On September 27<sup>th</sup>, Park View's Varsity Football team fought against their old rival, Potomac Falls, in an intensified match for both schools.

The official rivalry started when Potomac Falls built their school near Park View in 1997.

However the real rivalry began with little league football where all Sterling kids were able to see the competition they would have in high school.

"They wanted to beat each other just because they know each other," said Coach Eways, Park View's varsity football coach.

Before the game began, Coach Eways gave his opinion about his idea of a perfect team. A great team is a team that works together.

He knows that his team is a good team because they know what they are doing. He expects them to play their hardest from the beginning to the end of the game.

Middle linebacker of the varsity football team, senior Isam Shaban, also believes in his coach's words. They both believe that hard work is better than luck; according to Shaban, hard work will put you in a good position to succeed in whatever you

are doing.

Hours before the game between the two rival schools, Park View showed its support for their beloved football players by having the fans dress in all white.

Minutes before the game began, Park View senior, Jacob Burch, was fired up for the game; although he did not know how the game would go, he hoped for a good game in our favor.

When the clock struck seven, the showdown between the two schools began. In the first quarter of the game, Potomac Falls dominated the beginning of the match with two touchdowns.

However, the Patriots were able to retaliate in the second quarter by preventing their opponent from scoring another touchdown and being able to score one themselves, leaving the score 7-14.

"They're doing great," Mrs. Schmidt, Park View's orchestra teacher, said. She, and many other Patriot fans, believed the Patriots could make a comeback due to a more competitive second half, a great defense, and an improving offense.

After halftime ended, the third quarter of the game intensified with



Larry Whartnon

**Quarterback Eduardo Avelar, senior, gets the snap and looks for a possible open receiver.**

each team giving their all.

There were many passes and take downs that caused fans to be on the edge of their seats. The third quarter of the game ended with Potomac Falls taking the lead 14-21.

Although the fourth and final quarter of the game ended without either team scoring a touchdown, the game was everything but anticlimactic.

Everyone was yet again on the edge of their seat waiting for their team to play offense and see how the opposing team played their defense.

"The Patriots played a good game. They had a great defense and well improved offense; it was just that they didn't get lucky," Mr. Nicholas Balanc, a Park View math teacher and alumni said.



# Park View's Athletes of the Season

## Kirby Struhar: On and Off the Course

by Kisha Lim

Kirby Struhar is “A great player, team leader, motivator and a great teammate,” said senior golfer Van Do.

Struhar was chosen by his coach as the Park View Golf Team’s “Athlete of the Season.”

Mr. Larry Hinders, Park View’s golf coach, has been Struhar’s coach ever since he entered Park View High School.

“He is a leader on the course, in the classroom, and everywhere else our team gathers,” Coach Hinders said.

Struhar’s general consistency in hitting straight with decent distance and trajectory is amazing.

“He is also great around the greens, which also helps him to keep his scores low,” Coach Hinders said.

Everyone who knows Struhar or has talked to him knows that he is a very charismatic person and he is always helping and motivating his teammates.

“He helps me with my posture and helps me better my swings for



Victor O'Neill Studios

Senior Kirby Struhar lines up to putt the ball into the hole. Struhar has enjoyed the game of golf ever since he was little.

matches,” Do said.

Struhar has been playing golf ever since he was little.

Struhar said, “There has never been a time where I decided that I loved golf; I’ve just always loved it,” Struhar said. He has been playing for four years now, and his favorite part is having all the hard work pay off.

Not only does everyone in Park View get along with Struhar, but golfers from all over respect him as well. “He is

also one of the most widely respected and liked golfers in the county,” Coach Hinders said. Struhar is an all-around great person, student, and athlete. “It has been a pleasure. He is one of the nicest young men I’ve ever met, and his parents are supportive and pleasant to deal with,” Coach Hinders said.

Struhar is very well deserved of being chosen “Athlete of the Season” for his outstanding performance on the Park View golf team.

## Around the Net with Emilee Pierson

by Liana Jackley

Emilee Pierson, a well-known senior at Park View, was chosen to be volleyball’s “Athlete of the Season” by her coach Kendall Beebe. “I chose Emilee because she is such a hardworking athlete and has a charming personality to match,” Coach Beebe said.

Pierson is proud and

honored to receive the title of Athlete of the Season. “It’s a competitive county and school,” she said.

Playing smart and thinking positive is what every coach looks for in a captain, and Pierson does just that. “She has a great passion for the sport and it’s a wonderful thing to encounter,” Coach Beebe said. She

also mentioned how great of a role model Pierson is for the underclassmen.

When Pierson’s name was mentioned to the other volleyball players, their eyes lit up, and they launched into a story involving her tactful skills. Thy Dao, a middle hitter on the freshman volleyball team said, “She should be our MVP, a lot of people think so.” Pierson is known to go after every ball and puts 110% effort into practices and games.

She started playing volleyball sophomore year when her soccer coach told her to try out for volleyball. She had first intended to do cheer but ended up following her coach’s advice. Pierson plans on going to college and has taken a special interest in Lynchburg College in Lynchburg, Virginia.



Victor O'Neill Studios

Senior Emilee Pierson prepares to bump the ball back over the net. Pierson leads the team both off and on the court.



Victor O'Neill Studios

Senior Ajmal Alami takes the lead during a meet. Alami has consistently been the fastest male on Park View’s cross country team.

## Ajmal Alami: Racing Ahead

by Ibtisam Tora

Senior Ajmal Alami has run cross country ever since his freshman year. The captain for the team this year, he has to take full responsibility for his team’s actions. This is his last year in high school, and he hopes to make it the most successful year in his high school life.

As captain, Alami is in charge of preparing his teammates. Alami makes sure that his team is well-nourished before afterschool practices and meets. Meets last about two hours after school. All members normally leave early from their last block of the day, so that they have enough time to get dressed and ready

for the meet. Meets normally take place on Wednesdays and Saturdays. “Every practice he shows up willing to work and he always pushing other people around to do well,” said Coach Poth.

Alami has no problem being captain this year. “It feels good to be respected during all times when we all meet,” Alami said. His favorite thing to do during practice is speed work and mile repeats. Mile repeats increase endurance. His fastest time for a 5k is 18:15.

Alami is constantly striving to be the best during small practices with his close teammates has brought them all to where they are now.

## Tumbling to Success: Marcus Luangrath

by Ibtisam Tora

Junior Marcus Luangrath was chosen for varsity cheerleading “Athlete of the Season.” Although he is the only male on the team, that does not affect his passion and spirit for the sport.

Luangrath and his entire team work to their fullest potential when preparing themselves for competition.

Almost every day after school, the team practices for at least two hours - doing stretches and exercises before going over routines and cheers while working on facial expressions.

Cheer competitions are the best part of the season. During competitions, Luangrath is open-minded and motivated to do his best.

“He’s always encouraging and always has a smile on his face,” said senior Maddie Williams.

The team practices



Larry Whartnon

Junior Marcus Luangrath (top) performs a stunt with fellow teammates.

their tumbling, eye contact with judges, and facial expressions during practice because those are the main things judges take points off.

Luangrath enjoys his time with his teammates during practice. Luangrath’s teammates and friends say how much of a good attitude he has every day during practice and other cheer activities.

“Normally after



# Patriot Spotlight

By Amy Hensler and Thy Dao

FRESHMAN

Freshman Jessica Molnar is one of the newest additions to the Park View community. This nice and fun freshman has quite the talent in soccer and basketball and she hopes that she will make both teams. At first, Molnar was anxious to be a new freshman at Park View. “I was nervous at first because I thought I was going to get lost, but I’m not nervous anymore. I love Park View, it is really fun,” Molnar said. She loves the book *The Perks of Being a Wallflower* by Stephen Chbosky because “it is a great story.” Her favorite teacher is Mr. Poth because “he is nice and really fun.” She really loves science, and it is also her favorite subject. “It is fun to learn new scientific things,” Molnar stated. Friends are very important to Molnar, even if she was stranded on a deserted island. “I would bring a friend on the island so I wouldn’t be lonely,” Molnar said. Jessica Molnar is a very persistent and hard working girl. “Giving up isn’t an option,” Molnar stated.



Jessica Molnar

SOPHOMORE

Andres Merida is an athletic, exciting, and common sense loving sophomore. He is an intelligent guy whose favorite subject is history. “History is exciting to me because I get to know what has happened in the world,” Merida stated. Some of his favorite hobbies are running, swimming, and listening to music. Merida is on Park Views track and cross country teams and hopes to make the swim team as well. This interesting sophomore is definitely very practical. “My favorite book is Lord of The Flies by William Golding because it shows the reality in society,” Merida said. If he was stranded on an island, Merida would bring a boat so he would be able to leave the island, which is yet another example of how he is very practical. Merida loves our Park View community “Park View has good people and teachers, and they make school exciting,” he exclaimed.



Andres Merida

JUNIOR

Sara Pendley, a girl with a great sense of style, is the focus of this edition’s Park View Spotlight for the Class of 2015. Pendley is not currently involved in sports of any kind and does not have any plans to join any at the moment, but is a proud member of Park View’s Drama Club. Her hobbies and interests include reading, writing, and acting... to name a few. Pendley does not think of herself as very interesting, but she knows how to ride a horse and participates in Tae Kwon Do. She is absolutely thrilled that she was able to get a job earlier this year and thinks of this event as one of the best things that has happened to her all year. Junior Sarah Pendley is also looking forward to her senior year. Although Pendley does not really have any favorite quotes of any kind, she does have something to say to other people. Her advice to others, including children, adults, and those in between, is to “do what makes you happy [and] don’t let other people control your life.” She has the idea that no one should be able to curb what you do and that you should be who you want to be; and she has taken her own advice as a creative, spirited person.



Sara Pendley

SENIOR

The first Park View Spotlight for the class of 2014 this school year is featuring Micah Land. Land is very outgoing, easy to talk to, and has a lot of Park View school spirit. One example was found during Homecoming Spirit Week when on Midnight Monday Land wore a leopard-printed onesie to school. A friendly smile can often be seen on his face and he has a great sense of humor. When describing himself Land hesitated only a moment before answering with a joke: “Well...I’m sexy.” Land has a passion for art and enjoys talking and socializing with other people. A few of Land’s hobbies include making art, eating good food, having fun, playing football, and just hanging out with his friends. Land runs track and field and is looking forward to another season this spring. After he graduates, senior Micah Land wants to be remembered by his friends and fellow peers as a “great guy...friendly and a model for other students.” Land is looking forward to graduation and is ready for wherever his life takes him.



Micah Land

## Fall Fashion 2013

by Lizzy Sammy

These days most people are into fashion; and with the weather changing it means that it is time for warm clothing. What better way to stay warm than with big chunky sweaters and boots?

The must-have item this season is leather. There are leather leggings, leather purses, leather boots, and other leather accessories. Everyone is wearing leather,



Junior Renee Coleman’s brown boots are a perfect use of leather in the fall season.

in different monochromatic styles, various lengths, and interesting textures. However, be careful not to layer

leather, and more leather. Do not be afraid to experiment with various colors such as black, gray, ruby red, and emerald green when trying out this new trend. Leather also comes

too much leather when getting dressed.

Another thing to definitely invest in is eye



Senior Shahd Salaheldin models her trendy fall sweater.

catching outerwear such as furry coats and oversized parkas. This season classic plaid and leopard prints are also fashionable. Chunky sweaters are longer this year. You can easily pair them with short white shorts and some amazing knee-high socks and casual boots or booties. Make-up-wise, this season it is all



Shown displaying her suede leather purse, senior Hajran Inam uses leather a new way.

or even just to go outside for a walk. Have a fun time trying out these fall fashion trends!

about looking natural with slight blush, a little mascara, and some nice neutral colored lipstick or gloss. The great thing about the fashion this fall is that it is comfortable. You can wear it anywhere – to school, work,



PIERSON FROM Page 05

Her goals this year are to win district games and to keep improving as a team. Volleyball is a fast paced sport with even quicker reaction times, and Pierson loves that about it. “I get a rush,” she said with bright eyes and a faraway

CLASS ACT FROM Page 04

every one of our Patriots shaved off time from their personal records, resulting in tired, but triumphant grins. After the great race was over and Park View’s mighty Patriots finished stretching, they were all pulled into a team huddle with their head coach. “We killed it out there, and I was just talking to Dominion’s coach, and he said we were a class act out here today,” Poth said.

look. What Pierson does not like about the sport is the height of the net, but she does enjoy spending time with her team. “They’re like a second family to me,” she said with warm eyes.

With that being said, Park View was phenomenal. Although there is still room for improvement, the team should be delighted to receive such a high compliment from a well-respected coach, not to mention the achievement of such breathtaking times. Most of all they are lucky to have a team that is close, and more importantly, a team that is family.

LUANGRATH FROM Page 05

practices he gives us little speeches,” said Haley Crawford. The cheer squad is very different from other sports. They’re family to him. They do everything together and are always helping one another out to keep everyone motivated for pep rallies and cheer



Larry Wharton  
Marcus Luangrath poses with some of the other members of his cheerleading squad.

competitions. When he is with the squad, nothing can ruin his desire to do his best. “As long as we’re a team, nothing can bring us down; we will always stay motivated and committed to what we do,” Luangrath said.

GOLF FROM Page 03

love one more time. It is crazy now to think I will never play another competitive round of high school golf. It is sad; the game’s meant so much to me not only these last four years but my entire life. But a wise man once said “Don’t cry because it’s over, smile because it happened.” As I reflect on my four years with Park View golf, I realize what a blessing it was and how many great memories I will carry with me for the rest of my life.

No matter where I go or what I end up doing, I am always going to remember the anticipation on the day of my first high school practice, the morning of my first match, and all the support I got through the good times and bad. It has been a great ride, a wild ride, and I’m never going to forget all the things that Park View golf meant to me.

FOOTBALL FROM Page 01

Head Coach Ferris Eways spoke highly of the feelings amongst the team after the game ended, saying, “The guys were just having fun. It was good to see the guys having that much fun. They deserved it.” He was quick to say that the team this year is much improved from the team from a year ago, with more skill and leaders who kept the team and their morale together through the ups and downs. A very interesting thing about Friday’s game was the student section. Normally, the student sec-

tion is very involved for home games. However, when the team travels away from Park View, not as many students show up. But in Leesburg, it almost felt like the game was played in Sterling, especially as the game went on: Park View was putting points on the board, playing solid defense, and as the night went on the “Heritage Pride” student section was heard less and less. Senior Zachary Miller was ecstatic about the game and the way things turned out. “It was awesome. Out of all the games we could have won,

to win their Homecoming made it all the better,” Miller said. Hotz says that the team feeds off the student section every Friday night, especially when Park View’s on defense, because it ends up distracting the opposing offense, and somebody might miss the snap count. “We want to get you guys [the students] into it,” Hotz said. With three more regular season games at Briar Woods, Dominion, and Senior Night against John Champe, the Patriots are getting right back to

work. “Now, they know they can do it [win],” Coach Eways said. However, Eways said it does not really change anything day-to-day. While there is more “swagger” and confidence around the locker room and on the field, they still need to focus on the next opportunity according to Coach Eways. The players, staff, and all students that are around Park View football are optimistic going forward and are excited to see the new heights that this program can be taken to.

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# Homecoming 2013: A Night with the Stars

Photos by Larry Wharton,  
Amy Hensler,  
and  
Emily Mooney



## Park View Classes Show Their Spirit in the Halls

by Amy Hensler

During Park View's homecoming week you can normally expect entertaining spirit days, a wonderful dance, an exciting football game, and a super fun parade, but this year Park View replaced the parade with controversial hallway decorations. Park View students were not able to make up their minds on whether or not they liked doing the hallways. The hallways did not live up to junior Jonathan Kessel's expectations. "There is no comparison. The

floats are bigger and better," Kessel exclaimed. Junior Bryan Walser also agrees that a parade is a better way to celebrate homecoming. "I like the floats better, it is a big morale booster because it gets everyone in the spirit for homecoming." Not all of the students agreed with their opinion. "I like the hallways better because I actually get to see what everyone did without having to go to the parade," sophomore Barak Nicholes stated. "I like the hallways better because you can see

them more often," senior Kristen Perkins said. Some students at Park View cannot make up their mind on the matter, like junior Emily Kennerly. "In one perspective it's kind of cool because you get to see the hallways every day before homecoming, so you get pumped, but it is not as fun as the floats," Kennerly argued.

In this debated issue at our beloved school, some students are staying neutral on the topic and just enjoying homecoming. "I kind of wish we were doing the floats, but the hallways are still really fun to do," said freshman Daulton Roach. Based on the arguments students have made it is

easy to determine that we, as a school, are split on the issue, but Park View has not let this ruin its spirit. Parade or no parade, the school is still pumped for all of the exhilarating events that occur during homecoming week.



Photos by Larry Wharton



The Class of 2014 worked hard on their hallway design, featuring the movies Peter Pan, The Lion King, and The Little Mermaid.